

Carmel Valley Middle School



A Proud Member of the San Dieguito Union High School District

CVMS Weekly Newsletter for Friday, August 18, 2023

Message from the Principal

Dear Bobcat Families,

Welcome to our first weekly newsletter! Please take some time to read the information included in this newsletter. Reading the newsletter helps parents to feel more connected and involved in their student's school experience :)

It was wonderful to welcome our new Bobcats and welcome *back* our returning Bobcats this week. It was great to see all our students on campus as nothing quite compares to the energy they bring. Thank you to our staff, parents, WEB Leaders, and PTSA who helped support this important week for our students, and especially for all the love, care, and patience for our new Bobcats!

Earlier this week, students had two advisory periods. We started with a [Safe and Welcoming School presentation](#) to set behavioral expectations (please put it in present mode to listen to the audio for each slide). We then followed up with a [Day 2 lesson](#) to provide information to students about how to navigate school (this one does not have audio). We've included them here (links above and attached) for parents to review as well.

Barring any weather-related emergency, PICTURE DAY will be on Monday (through PE classes). We will be on storm watch and in touch if necessary.

Have a wonderful weekend, stay safe, stay dry!
Go Bobcats!!

Vicki Kim
Principal

CVMS Upcoming Events

08/21	Picture Day
08/25	Site Council Nomination Due
Mon 08/28	Late Start - Single Period (Period 1 begins at 9:45)
8/28-9/1	Welcome Week (Student Activities at Lunch)
8/30	Club Day at Lunch
8/31	Back to School Night (5:30-5:55 Welcome) (6:00-7:30 Class Rotation)
8/31	ASB/PTSA Fundraiser Kickoff
9/1	PJ Day
9/4	NO SCHOOL - Labor Day

Assistant Principal's Message

It was great to see all our returning students and welcome our incoming students to Carmel Valley Middle School this week. Students did an amazing job reacquainting themselves with/learning school rules

A Big Traffic-Related Thank You!!

From our perspective, the first week of pick up and drop off was incredibly smooth. Thank you for abiding by the CVMS traffic guidelines and thank you for keeping traffic moving. It has been truly efficient exercise on both ends of the school day, even with unplanned city maintenance in the Carmel Creek/Mykonos intersection this morning!

eBike/eScooter Permit Regulation Form

Please remember that, in order to continue riding an electronic device to school before our eBike Safety Presentation on September 11, your student must have a signed [eBike/eScooter Permit Safety Regulation](#) form on file. Permit forms are due by Monday, August 21. If your student does not have this form on file, your student will not be able to ride their device to school. A signed copy of the form can be dropped off at the administration building in a dedicated box on the front counter.

Counselors' Corner

We are excited to welcome back our new and returning Bobcats- it was a great first week. We have finished making all elective changes and will now only make level changes until the district deadline of September 12th, 2023.

We are looking forward to holding our first New Student Club meeting on Tuesday. This is a group for students who do not come from a Carmel Valley feeder school and is a chance for students new to the area to get to know other students in a fun, relaxed setting. We will send invitations to all students on Tuesday, so if your student came from out of the Carmel Valley area or attended a private school in the area, please encourage them to attend. We will meet four times at PAW.

We will also have Bobcat Backyard up and running on Thursday, August 24th. Bobcat Backyard is typically open Wednesday-Fridays at lunch in Room 704. It is a fun place for students to come and hang out with friends, meet new friends, make puzzles, play cards, board games and have fun! We encourage all our Bobcats to come and check it out.

As we get back in the rhythm of the school year, we wanted to share some tips for studying and homework time:

-Turn off cell-phones or at least cell phone notifications during study time

-Have a distraction free environment as possible

-Students do need to be monitored but not micromanaged

-Don't allow perfection to be the enemy of good

-Take built in breaks while studying

-Students have an hour and a half each week to complete homework during PAW time- be sure that they are using it wisely, especially if it feels like homework is becoming overwhelming

-Be sure that students are writing assignments in their agendas and not scrambling to get everything off of google classroom nightly- something is bound to be overlooked.

-Be sure that students hit the SUBMIT button on google classroom when their assignments are complete

CVMS General News

Optional Chromebook Insurance

Once again the District Office has partnered with SchoolDeviceCoverage to offer [Optional Chromebook Insurance](#) to all our families. The deadline to register is October 31 and the policy covers the entire year from the moment of purchase until August 2023. Please note that Chromebook insurance does not cover missing/damaged styluses and chargers. More information can be found [here](#).

PE Uniforms & Spirit Wear

If you have not yet purchased your PE uniform or Spirit wear clothing you still have time to purchase them on the [CVMS web store](#) or at the Finance Window. Stop by and see the many selections of Spirit Wear items that we sell this year. Thank you for supporting our CVMS students with your purchase.

PE Uniforms & Spirit Wear Shout-Outs:

Thank you to our vendors who provide us with our wonderful PE clothing & Spirit Wear items: **California Sports Design, and Custom Ink & Thread**. They have been amazing vendors and we are so grateful for their quick delivery time on all of our shipments to our school.

Yearbooks can be purchased through Jostens this year and all sales are online through the attached link at [Jostens](#). Cost is \$55.00 for a limited time, and last year we completely sold out. Order yours now!

Parents - Yearbook would love a [First Day of School photo](#) of your student, and we now have an online portal for you to use. Contribute yearbook photos [here](#)!

ASB News & Student Activities

CLUB DAY IS COMING - AUGUST 31st!

Tables will be set out in the quad area for students to sign up for student run clubs. Please encourage your student to sign up for at least one club during the school year. All clubs will meet during lunch and students can attend any of them throughout the year. If you have any questions please stop by the Administration Office.

Welcome Week is coming (8/28-9/1). ASB has planned a lot of fun lunch activities to welcome Bobcats back to school!

1st Dance Party will be Thursday 9/7/23 from 5pm-7pm. Tickets will go on sale Monday, Aug. 29th at the finance window for \$10.00. Ticket includes food and drink!

ONE Fundraiser TWO great organizations! ASB/PTSA will be teaming up to make CVMS the best ever! We will kick it off at our Back to School Night on 8/31/23 for adults and 9/1/23 during 4th for our students. More info coming soon!

PJ Day! Students and staff are invited to wear their PJ's to school on Friday 9/1/23. The day after Back to School Night!

PTSA News

The CVMS PTSA Membership Drive has started! By joining the CVMS PTSA, your dues support our school and students. PTSA members can vote on the PTSA budget and PTSA Board Officers. Memberships are \$25 per person. Joining the PTSA does not mean you are obligated to volunteer or make other commitments at our school. To sign up for a PTSA Membership visit: [PTSA Membership](#).

Shop to Support - In addition to our annual fundraiser that is coming up, there are other easy ways you can support CVMS every day. Shop these retailers and the CVMS PTSA receives donations when you make a purchase.

- **AmazonSmile** - When you shop on AmazonSmile, they will donate up to 0.5% of your purchase. [Click here](#) to select CVMS PTSA as your charity
- **Ralphs Community Contribution Program** - link your Ralphs card account and they will send a donation every time you swipe your card. [Click here](#) for instructions.

CVMS Annual Fundraiser - Starting August 31, we will be launching the combined PTSA/ASB fundraiser. You can make one donation to benefit two great organizations that support students, families, teachers and staff at CVMS. More information coming soon!

Reflections - Submissions are now being accepted for Reflections, a national PTA arts competition that promotes creative talents, artistic expression, the experience of creating art, critical-thinking skills and recognition. All students are invited to participate and submit original artwork. For more information on Reflections, including examples and the submission form [click here](#).

Volunteers Needed - ASB needs parent volunteers for the first dance of the year on 9/8 to hand out pizza and drinks. [Click here](#) to sign up.

Math League

CVMS Math League - Ready for some fun and challenging math problems? [Join us](#) in CVMS Math League! We are open to all math levels for problem-solving, enrichment lessons, state and national math contests, and much more! More information can be found on [our website](#), and on the Math League Info Night on Sept. 6th, 5:30 to 7pm in the Performing Arts Center (PAC). All parents and students are welcome! "

Science Olympiad

CVMS Science Olympiad - Science Olympiad 2023 season is going to start soon. Visit [CVMS SciOly website](#) to fill out the [student interest form](#) for future updates. Sign up to [volunteer and coach an SO event](#) - the best support a parent could provide for their student.

Science Olympiad Informational Night will be held on August 23 from 6-7:30 p.m in the Performing Arts Center (PAC).

CVMS Music Boosters

Volunteers: Welcome to the 2023-2024 school year! We are thrilled to bring music to Carmel Valley Middle School and the community this year. The CVMS Music Boosters are always looking for volunteers to assist in making instrumental music available to all CVMS students for years to come. If you are interested, please take a moment to complete this [volunteer form](#).

Upcoming Music events: We look forward to seeing you at **Back to School Night - Thursday August 31st**.

CVMS Health Office

Student Medications - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year. **Students may NOT carry any medication on campus** (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the Health Office to check out from there.

Students should NOT make arrangements to go home by calling or texting their parent(s) from class. If it is determined that they need

to go home, a parent, guardian, or emergency contact will be notified.

Keep your student home for 24 hours after the following conditions: fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. **For**

more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 x3014 or email her at: susan.vieira@sduhsd.net



Suggested Arrival and Departure Times for Parents

Drop Off/Pick Up Times: Depending on your child's schedule, it can be confusing in determining what time your child is supposed to be dropped off and picked up from school each day. Below is a summary of suggested drop-off and pick-up times that include most of the schedule scenarios our students have for the year:

Students who attend:	Drop off	Pick up
1st period through 6th period	by 8:00 am	after 2:45 pm (after 3:00 is ideal)
1st period with 6th period ISPE	by 8:00 am	Mon - after 1:52 pm, Tue & Thur after 2:45 pm; Wed & Fri after 12:25 pm.
*LATE START MONDAYS - see attached calendar for schedule	ALL Students: by 9:30 am	If the last class is: 6th period - after 2:45 pm 5th period - after 2:00 pm

Go Bobcats!



Attendance Office

Absences

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent. One quick reminder to use the email address that you have registered in Aeries when you email attendance.

Email: cvattendance@sduhsd.net

Phone: 858.481.8221 x3011

Appointments During School

If your student is leaving early with an off-campus pass, please provide the same info as above. Please state the reason, time, and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period, and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.



CVMS Resources and Links

[CVMS Website](#)

[SDUHSD Website](#)

[CVMS PTSA](#)

[CVMS Bell Schedule](#)

[CVMS Calendar](#)

Carmel Valley Middle School
3800 Mykonos Lane
San Diego, CA 92130

Website: cv.sduhsd.net
Phone: 858-481-8221
Fax: 7858-481-8256

Message from our Superintendent Dr. Anne Staffieri

At the conclusion of a successful first week of the school year, I would like to share a few announcements.

Last night, our governing board approved the appointments of Kathryn Freeman, currently the assistant principal at Pacific Trails Middle School, to become the assistant principal at Canyon Crest Academy. Additionally, Staci Ortiz-Davis, currently the English Department chair at Torrey Pines High School, was approved to become assistant principal at Diegueño Middle School. We congratulate both individuals on these new leadership positions which they will begin this month.

As a reminder all items from the Board Agenda can be found on the district website or directly [here](#).

As you may be aware, San Diego County may experience some intense weather this weekend because of Hurricane Hilary that has formed in the Pacific Ocean, just south of Baja California.

Although forecasters say it's likely to be downgraded to a tropical storm by the time it reaches our county, there is the potential for extreme weather such as high winds, flash flooding, rain, and thunderstorms. San Dieguito Union High School District will be monitoring the storm as it makes its way toward the region and will communicate with you through our regular channels if the storm has any impact on school facilities or operations.

We care about our community and encourage you to [sign up for Alert San Diego](#) and visit the [County of San Diego website](#) to boost your personal preparedness for storms and flooding.

Thank you again for your ongoing support of our SDUHSD students. We wish everyone a safe and wonderful weekend.

Sincerely,

Anne L. Staffieri Ed.D.
Superintendent



JOIN OUR TEAM!

SDUHSD has several opportunities available in Nutrition Services. If you are looking for part time work, or know someone who is, these positions are a great opportunity to support students and work with an amazing team! Positions are available at a number of our campuses, including Pacific Trails, Diegueno Middle School, Oak Crest Middle School, San Dieguito Academy and Canyon Crest Academy. The schedules vary by campus, but typically start mid-morning through the lunch periods. Shifts can run from 2 hours to 3.5 hours. These positions are great if you are looking to have your afternoons free or looking to connect with others in your community.

To view these opportunities, click [here](#).

SDUHSD is seeking individuals who want to make a difference in children's lives in the role of an Instructional Assistant. We have positions available for Instructional Assistant – Special Education, Instructional Assistant – Behavior Intervention, and Instructional/Personal Care Assistant. These positions are typically between 4 – 6 hours per day, depending on the assignment.

Instructional Assistants assist a certificated teacher in providing instruction to an individual or small group of students in a special education learning environment. We have openings throughout the district at middle and high schools in Special Education classrooms.

If you are interested, or know someone else who would love this job, go to www.edjoin.org/sandieguito.